



The Valley View

Issue 63

Greater Madison Valley Community Council

January 1998

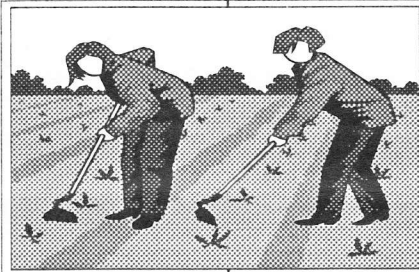
Our Email Address: valleyview@altadata.com

Peculiar Holiday Customs

Some voters not too far from King School have got into the curious habit of celebrating special days by hauling out firearms and blasting away. Whether they do this out the window or in the road is not known at this writing, but the sounds of this mock warfare are unmistakable. Why does this happen? I don't think they do this on Capitol Hill or even in Fremont. Maybe these people are retired cowboys or horse opera veterans. One is more than a little concerned that these weapons are not firing blanks. Where are the bullets coming down? Do we need an indoor firing range around here?

Model Vegetable Gardens Brighten the Valley

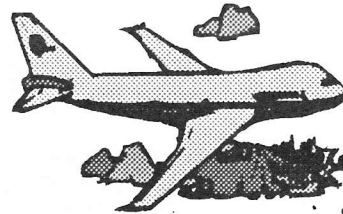
Small miracles happen here in Madison Valley. Charles McDade on E. John Street keeps a vegetable garden that amazes the neighbors. He gets bumper crops of onions, tomatoes, cucumbers and assorted greens without digging (can you imagine?) or using chemicals of any kind. Mr. McDade collects grass cuttings that he heaps up to make high raised beds. This stuff gradually composts and makes a rich planting site. Manure would make a good addition, he says, but it isn't necessary. He plants seeds in the beds, pulls weeds easily when they appear, and tends the growing vegges. A good sunny location is important. The deep beds



make drainage easy below the plants. He learned these simple methods as a child in Louisiana on the family farm. Mr. McDade shows neighbors how he does this, and

hopes that food grown here could be shared with many others. He is especially interested in showing

people how these fresh home-grown foods can improve your health. Mr. McDade believes his country garden in the city is the main reason he doesn't get sick or even have headaches!



See The Pretty Sidewalk

Suzanne Wilson wants everyone to stroll along the new sidewalk just east of City People's Nursery on Madison Street. Suzanne was one of the first activists to fight against construction of a huge apartment house at that site, 3001 East Madison. She persisted, and with our council celebrated the day when the City bought the wooded slope as an open space. Mayor Rice visited us, saw the woeful lack of a walk (there was only a muddy path), and remarked, "Something should be done." Lo, the wheels have turned and now we have a first class pavement with jogs for the handsome beech trees and steel railings to lean on while viewing the Harrison Ridge rising above King School to the south. Enjoy the walk and think on these things.

***First Community Council meeting
of 1998 is Tuesday, January 20th at
7:30PM in the MLK School
Portable Building***

Noisy Jet Planes

Can we do something about the racket from the sky? The fight is still on over the flight paths from Boeing Field and SeaTac Airport. We might change them. Get more information and join forces. Call Peggy at 325-6308.

Volunteer Exchange

Adrienne Bailey

Calling all neighbors with time on your hands. Do you want to get to know your neighbors? Let's get together, build a community, expand and increase our resources and create our own unique economy.

In an age of mobility, family breakup and neighborhood decay we've become a neighborhood of strangers. By sharing, strangers start acting like neighbors, neighbors start acting like extended family and the community is vitalized. A volunteer exchange can be the catalyst for building such a community, as well as creating a non-monetary economy built and sustained on the time, talent, skills, abilities and knowledge of the people.

It has been said that the true wealth of our nation is not money: it lies in time and our willingness to share and exchange that time. Just as various volunteer exchanges worldwide have demonstrated, there is a substantial and valuable reservoir of human time in every community that goes untapped. Within these communities they tapped this wealth of talents, skills, abilities and knowledge they had and all prospered. Not to mention given them an opportunity to get to really know their neighbors, not just by sight, but who they were and the unique quality they offer.

How many times have you thought to yourself "I'd pay anything not to do a certain task", or perhaps you've always wanted or needed a project done, but couldn't afford it. Well you can, with a commodity we all have, time. We all have time and valuable talents, skills, abilities and knowledge that someone else may need or want. Imagining, exchanging tasks you like for tasks you dread. Better yet, using what you have to get what you want and/or need, while at the same time getting to know the people who live around you.

Sounds interesting or intriguing? Call Adrienne Bailey at 206/323-3738 (leave your name and phone number), so we can schedule a meeting to take the first steps towards the worthwhile venture of creating our own volunteer exchange. Let's start the New Year with a resolution to build our community, create our own economy and get acquainted with our neighbors.

How About a Tea Party in the Park?

Is anybody up for organizing a Spring Tea at Knudsen Park on MLK and Harrison? This gem of a small park was donated to our community by C. Calvert Knudsen to honor his late wife Julie Lee. This jewel is a quiet retreat open to all of us. It is a perfect place for a gathering of friends and neighbors to have an informal get-together with tea, cookies and conversation. Maybe a musical group can join us.

Does this sound like your cup of tea? Start organizing it and spread the word through this newsletter. Mail or drop off your ideas at the Valley View (PO Box 184) at 2802 E. Madison, or send e-mail to valleyview@altadata.com.

Neighborhood Cleanup Effort

by Celine Grenier

Most of the projects identified by neighbors have been dealt with. I'm going to be working with David Hunter at the Solid Waste Utilities Department on a truck day for picking up the remaining debris. In the next newsletter I hope to print a fact sheet that will help all of us deal with our excess outdoor stuff, a sheet we can share with our neighbors.

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Odd Jobs in Our Town

The flourishing communications industry is making news and new jobs every day. One of our local voters who lives north of Madison has a really far out job. This worthy citizen earns his bread with a company that communicates internationally by bouncing signals off the trails of passing meteors! Other outfits may buy time with orbiting satellites, or even finance shooting one of these devices up into space on the tip of a rocket. This one has found a reliable way to find meteors big or small that flit through our skies. Then they fire messages at the gas cloud trailing the wanderer and behold! they bounce back to earth. Besides the benefit of working with truly advanced technology, this job involves travel to the far corners to see where the messages come down.

Do some of your neighbors have strange jobs? Let us know - we'll print the story! Address: Valley View Odd Jobs, 184 33rd Ave. East, Seattle 98112, or via e-mail: valleyview@altdata.com.

Upcoming January & February Meetings

The first two monthly Community Council meetings of 1998 would be good times to bring in your ideas and concerns related to the neighborhood. You may be able to find volunteers to help you with a project you have in mind.

Volunteer GMVCC Newsletter Bookkeeper/Ad Person Needed

This is a LOW PRESSURE job! If you have about 10 hours a year and would be willing to follow up on an established ad trail, please call Celine at 323-5801.

Greater Madison Valley Community Council Minutes of the Regular Meeting November 18, 1997

The meeting was called to order at 7:30 PM. A quorum of 12 members was present. A volunteer was found to keep us on schedule and minutes were recorded by Peggy Sussman in Secretary JoMarie Cunningham's absence. Cathy Nunneley volunteered to provide refreshments for the next meeting. Thanks to Cathy for the refreshments she brought to this meeting.

The minutes of the October meeting were distributed for comments, additions and corrections.

January Newsletter Articles: should be submitted by January 3.

Treasurer's Report: Charles reported for the Treasurer a current balance of \$1,094 and reported an unpaid printer's bill. Jerry Sussman will be reimbursed for his expenses for the Book Fair table at MOHAI from sales returns.

New Business: 1) The Spaghetti Dinner cleared \$750.00 and a great time was had by all.

2) Margaret Pageler, Chair of the City Council Committee on the Cedar River Watershed, presented the Council's vision of the restoration and preservation of this 90,000 acre area. A series of meetings will be held. Citizens are asked for their comments.

3) Copies of the erroneously named "Constitution" of the Harrison-Denny Community Council and copies of the proposed revised Greater Madison Valley Community Council Bylaws were distributed to the attendees. The proposed revised Bylaws were read aloud by Gary Emslee. Discussion included positive reasons for including minutes in the newsletter. On duties of officers, it was agreed the Treasurer should keep us up to date on legal and tax requirements. Members were asked to look over copies of the revised Bylaws, to note any changes they would like to see considered, and to bring them up at the next Council meeting in January.

Announcements by and Requests from the President: 1) Volunteers are needed for a cleanup on Madison Street, December 13, 1997 at 10:00 AM.

2) Volunteers may be needed to help the city with our neighborhood cleanup effort. Call 323-5801.

3) Permission was requested and granted to work with a City of Seattle representative to create a flier for the next newsletter on ways individuals and neighbors can clean up piles

Valley View Support Your GMVCC Newsletter

I will help the GMVCC Newsletter by:

- ◇ Making a contribution of \$ _____ towards the printing and mailing of this Newsletter
- ◇ Volunteering for mailing parties, writing, graphics, artwork or other:

My skills are: _____

I am interested in the following community issues: _____

◇ I am not currently receiving the newsletter by mail.

Name: _____

Address: _____

Phone: _____

Date: _____

Please cut out the completed form and mail to:

GMVCC, 2802 E. Madison Street, Box 184, Seattle, WA 98112.

AD SPACE AVAILABLE in this NEWSLETTER

You can advertise your business with a business card-sized notice in our newsletter for \$25.00 an issue. Call and leave a message at 328-0058 or simply send a copy of your ad to *The Valley View* 2802 E. Madison St., Box 184, Seattle, WA 98112 with a check for \$25.00 made out to GMVCC. Thanks!

of junk in the neighborhood.

4) Next computer class to be held in the MLK School computer classroom Sat. Dec. 6, 1 - 3 PM. Computer move from portable to classroom 10:00 AM.

5) People interested in the continuing Central Area Growth Management Planning Process call 323-5801 for dates and locations of monthly Interest Area meetings.

THE VALLEY VIEW

2802 E. Madison St, Box 184
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Greater Madison Valley
Community Council
Member of the Seattle Community
Council Federation

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each month. Your submissions
are appreciated! Mail to Box
184 above.

1997/1998 OFFICERS

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V. President - Charles McDade

Secretary -JoMarie
Cunningham

Treasurer -David Foecke

Site Council Representative -
Peggy Sussman

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In This Issue:

Community gardens, odd jobs, holiday gunshots...

Choice Winter Vegetarian Recipe for the New Year

Courtesy of EarthSave Magazine

Lentil and Tomato Soup (Serves from 8 to 10)

Enjoy this delicious, Middle Eastern soup.

- 1 cup lentils, rinsed
- 7 cups water
- 1 tablespoon olive oil
- 2 medium size onions, chopped
- 4 cloves garlic, crushed
- 2 cups stewed tomatoes
- 2 teaspoons salt
- 1 teaspoon cumin
- 1 teaspoon ground coriander seeds
- 1/2 teaspoon pepper
- 1/8 teaspoon cayenne
- 1/4 cup white rice, uncooked
- 1/4 cup lemon juice

M.A. McCollister

Bookkeeping & Accounting Services

2039 34th Ave South

Seattle WA 98144

Phone 206-725-8101

Malinda McCollister

Accountant

Place lentils and water in a saucepan and bring to boil. Cover and cook over medium heat for 25 minutes. In the meantime, in a frying pan, heat oil and sauté onions and garlic until they turn golden brown. Stir the remaining ingredients, except lemon juice, and sauté for another 5 minutes. Stir the frying pan contents into the lentils and bring to boil. Cover and cook over low heat for 20 minutes or until rice and lentils are well-cooked. Stir in lemon juice and serve hot.

Total Calories per Serving: 115; Fat: 2 grams

